# RUTHERFORD-POLK-MCDOWELL District Board of Health OPEN SESSION Meeting Minutes

McDowell County Health Department Tuesday, January 9, 2018

#### **Board of Health Members Present:**

Rutherford County	McDowell County	Polk County
Representatives	Representatives	Representatives
<b>Greg Lovelace</b>	<b>Matthew Crawford</b>	
Kim Warner	Dr. Ben Hall	
Mickey Moore	Carol Wolfenbarger	

### **Board of Health Members Absent:**

Sarah Bradley	Jim Segars	Dr. Rich Metcalf
Craig Sargent	One Vacancy	Penny Padgett
Dr. Jerald DeLaGarza	One Vacancy	Ray Gasperson
One Vacancy		Rick Covil
-		One Vacancy
		·

#### Health Department Staff/Guests/Counsel Present:

#### **HD Staff:**

Karen Powell, Health Director Corey Morris, EH Food Lodging Supervisor Jennifer Jarrett, Assistant Finance Director Cindy Snyder, Human Resource Director Steve Chambers, EH On-Site Supervisor Renee Nolen, Administrative Assistant

## **GUESTS:**Sharon Parker, Board Attorney

AGENDA ITEM	BOARD ACTION	REFERENCE DOCUMENTS
CALL TO ORDER: Chairman Ben Hall, called the	No Board action required	N/A
meeting to order at 6:45 pm.	_	
Quorum was not present so all items were informational.		
PUBLIC COMMENT PERIOD: None in attendance	No Board action required	N/A
None in attendance		
SWEARING IN OF NEW BOH MEMBER – Mickey	Sharon Parker, Board Attorney	N/A
Moore, a Registered Nurse and Health Educator,		
representing Rutherford County was sworn in to begin a		
three-year term and is filling Don Corry's vacancy.		
APPROVAL OF DISTRICT BOH MINUTES FOR:	Approve at next meeting	N/A
July 18, 2017 and September 26, 2017 were deferred to the		
next meeting due to lack of quorum.		
INFORMATION ITEMS		
Health Directors Report:		
_	K D HH M D'	
Mrs. Powell introduced Cindy Snyder, the new HR	Karen Powell, Health Director	Documents on file
director, and Renee Nolen, Mrs. Powell's new		
Administrative Assistant.		
It has been just over a year since Mrs. Powell started her		
position as District Health Director and she is thankful to be		
doing this job and to be a part of this agency.		
In the past year, we needed to work on the internal capacity		
of the district, work as a team within all three counties, and get		
morale up. We had six people to retire since Mrs. Powell		
started, including Susan Robinson – EH, Becky Koone – WIC,		
Kelly Crawford-Human Resources, and Phillip Melton-		
Finance Director. This was a chance to start building the management team. Within the year, the district had 6		
retirements, 13 resignations which includes terminations,		
and 18 new hires. We are almost full staffed except for one or		
two positions. Mrs. Powell is very confident in the new hires.		
There is still one Environmentalist needed for McDowell. A		
Billing Specialist position will be filled soon. Staff has been		
willing to help in other counties when there is staff shortage.		
Mrs. Powell is attending more meetings with		
commissioners. They appreciate hearing from us and being a		
part of the public health planning process. The priority in February will be budget planning and we will see what that		
looks like with the County Managers.		
In the past year, the Town of Forest City was considering		
not to put fluoride in their water due to breakage of machine. Our state dental personnel went to meetings to show the public		
needs the fluoride and now the Town is continuing with the		
needs the fluoride and now the Town is continuing with the		

fluoride treatment.

Animal Control has completely new staff in Rutherford County and we are now working well with them. Polk County is working to redo their animal control procedures since they have not been revised for years and Mrs. Powell is assisting. Mrs. Powell get calls after midnight from animal control officer and she is the only one that can quarantine a dog. McDowell has a great plan and have procedures in place.

Opioid abuse/addiction is a huge public health issue. NC County Commissioners implemented a plan for focusing on the issue and Mrs. Powell continues to work with the local partners and the county commissioners in each Rutherford and Polk Counties addressing this issue, setting and implementing priorities

Mrs. Powell is attending meetings with Corey Morris regarding the Equestrian games that will take place in September 2018 in Polk County. Health Department staff are involved as much as they can be.

We will have to pay back the portion of the Medicaid cost settlement. For FY 2012/2013, which comes a little under \$300,000 [which is good considering the first total we received of \$500,000]. They will allow a 2-year payback on amount which would be \$150,000 a year which will be tough. She will look into the payback terms and timing. In 2012/2013, the formula was changed by the state and they reimbursed us too much. The directors got a lawyer to fight this but lost. This will come out of our fund balance and she will restrict these funds to show that they are claimed. Our Medicaid cost settlement is now a part of our budget.

The District will add a Nurse Practitioner on staff in February 2018, who will bring in revenue and expand services, such as certain labs, child health physicals. We will be able to take any insurance. The Nurse Practitioner will be working under our medical director, Dr. Robert Lawrence, and will work in all three counties.

Mrs. Powell handed out information on that included services/budget in the three counties. Polk County appears to still be considering pulling out of the District at the end of FY 18/19 after the Equestrian Games. The history of the District and governing statutes were discussed.

Mrs. Powell gave handouts regarding work goals for herself in the next year.

The District Health Department will go through accreditation in October 2018.

Financial Reports: Documents on file

		T
Ms. Jarrett has meet with the auditors/consultants and will be changing and updating procedures. The audit will be presented at the next Board meeting.	Jennifer Jarrett, Finance Officer	
Mrs. Powell and Jennifer Jarrett have been working on the Collins Dental Center [CDC] financials. Ms. Jarrett gave handout regarding expenses at Dental Center continuing to rise. The fund balance for the CDC was \$36,640 on June 30, 2018, which does not include numbers for the Mobile Unit (dental bus). CDC has been utilizing contract dentists for 2-3 years and from July 1 have paid \$116,726 for approximately six months, which is roughly \$1,000 per day just to have a dentist. This cannot be a long-term solution. The Collins Dental Center is open 4 days a week and not fully staffed. Medicaid revenue received is \$76,640 so far and we can expect local revenue of about \$24,000. We are already facing a \$126,000 loss in the last 6 months of operation. Mrs. Powell and Ms. Jarrett are going to do more research, talk with Dr. Davidson and report back to the Executive Committee in two weeks. The Board agreed to meet again in February to look at the CDC and Mobile Dental Unit finances and to consider options presented by management.		
The equipment is ours at the Dental Center but we lease the space. Over the years, staff did their own thing separated from the rest of the Health Department. The person that does their Medicaid billing works only 30 hours per week. There should be a back-up person to assist with billing. The dental bus runs only two days a week.		
Mrs. Powell and Ms. Jarrett are going to do more research on the CDC operations and finances, talk with Dr. Davidson and report back to the Executive Committee in two weeks to review options. The Board agreed to meet again in February to look at the CDC and Mobile Dental Unit finances and to consider options presented by management.		
<b>Environmental Health Reports</b>	Steve Chambers, EH On-Site	N/A
Mr. Chambers stated the housing market is very strong. They are behind on permit requests about 4-8 weeks. Rutherford County is the most behind. Environmental lost an employee and now has Jeremy Davis, who is an intern working to finish his state training. Steve Grindstaff is helping in Rutherford.	Supervisor	
Mr. Morris announced the hiring of Christy Kunes and Elizabeth Asawacharoewnkun. They will need more staff to meet the demands of the Equestrian games. Mr. Morris is requesting one more person for Food & Lodging. During the fiscal year for 2016, the compliance for the district was 57% and the state gets concerned below 70% compliance	Corey Morris, Food and Lodging Supervisor	N/A

percentage. During Fiscal Year 2016, the required inspections are 1,318 but only 773 were done. Mr. Morris has been doing inspections which has taken away from his administrative				
duties. There is a need to raise fees for some services. The Board requested that the Fee schedules to be updated and presented at next meeting.				
Due to the lack of quorum, there was no Closed Session.				
ACTION ITEMS:				
Due to the lack of quorum, there were no action items.				
ADJOURNMENT				
At 9:00 p.m., Mathew Crawford made a motion to adjourn, seconded by Kim Warner. The motion was unanimously approved and the meeting adjourned.				
CICNATUDEC.				
SIGNATURES:	_			
Dr. Ben Hall, Chair				
2 10 2011 2111119, 0 1111112				
Karen Powell, District Health Director				

Y:\BDHEALTH\BOH and Comm minutes\BOH JANUARY 9 2018 Open revised by SLP.doc